FOURTH GRADE
THE HISTORY OF FLORIDA
LESSON PLANS

SOCIAL STUDIES

THE PIONEER ERA

The Historical Society of Palm Beach County and
Richard and Pat Johnson Palm Beach County History Museum
300 N. Dixie Highway, West Palm Beach, FL 33401
www.hspbc.org · 561.832.4164
GRADE LEVEL: 4th grade and can be adapted for other grades

INTRODUCTION:
This section covers pioneer living in the 1870s-1890s in what became Palm Beach County. Included are short biographies about the early pioneers.

PURPOSE:
To provide the students with an understanding of how and why settlers came to Palm Beach County and how they lived.

OBJECTIVES:
• Students will gain an understanding of why settlers came to this area.
• Students will learn about the types of homes the pioneers built when they arrived.
• Students will know why the shipwreck of the Spanish Providencia was important to the county and the pioneers.
• Students will learn about the first railroad in southeast Florida.
• Students will understand why the barefoot mailmen were important mail carriers to the pioneers and about the primitive mail system of the day.

SOCIAL STUDIES STANDARDS:
SS.4.A.1.1: Analyze primary and secondary resources to identify significant individuals and events throughout Florida history.
SS.4.A.1.In.a: Use primary and secondary resources to obtain information about important people and events from Florida history.
SS.4.A.1.Su.a: Use a primary and secondary resource to obtain information about a famous person or event from Florida history.
SS.4.A.4.1: Explain the effects of technological advances on Florida.
SS.4.A.4.In.a: Identify technological advances that affected Florida, such as railroads and steamboats.
SS.4.A.4.Su.a: Recognize a technological change that affected Florida, such as railroads.
SS.4.A.4.In.b: Identify characteristics of pioneer life in Florida, such as isolated family farms, few roads, and use of steamboats.
SS.4.A.4.Su.b: Recognize a characteristic of pioneer life in Florida, such as farming.
SS.4.G.1.1: Identify physical features of Florida.
SS.4.G.1.Su.a: Recognize selected physical features of Florida, such as bodies of water and landforms.
SS.4.A.9.1: Utilize timelines to sequence key events in Florida history.
SS.4.A.9.In.a: Complete a timeline to sequence important events in Florida history.

LANGUAGE ARTS STANDARDS:

LAFS.4.RI.1.1: Refer to details and examples in a text when explaining what the text says explicitly and when drawing inferences from the text.
LAFS.4.RI.1.AP.1a: Refer to details and examples in a text that are relevant to explaining what the text says explicitly.
LAFS.4.RI.1.AP.1b: Refer to details and examples in a text that are relevant to drawing basic inferences from an informational text.
LAFS.4.RI.1.3: Explain events, procedures, ideas, or concepts in a historical, scientific, or technical text, including what happened and why, based on specific information in the text.
LAFS.4.RI.1.AP.3a: Identify events, procedures, ideas or concepts in a historical, scientific or technical text.
LAFS.4.RI.1.AP.3b: Identify specific causes and effects that relate to events, procedures, ideas or concepts in historical, scientific or technical text.
LAFS.4.W.1.2: Write informative/explanatory texts to examine a topic and convey ideas and information clearly.
LAFS.4.W.1.AP.2a: Introduce a topic clearly and group related information in paragraphs and sections.
LAFS.4.W.1.AP.2b: Develop the topic (add additional information related to the topic) with relevant facts, definitions, concrete details, quotations or other information and examples related to the topic.
LAFS.4.W.1.AP.2c: Include formatting (e.g., headings), illustrations and multimedia when appropriate to convey information about the topic.
LAFS.4.W.1.AP.2d: Link ideas within categories of information, appropriately using words and phrases (e.g., another, for example, also, because).
LAFS.4.W.1.AP.2e: Use increasingly precise language and domain-specific vocabulary over time to inform about or explain a variety of topics.
LAFS.4.W.1.AP.2f: Provide a concluding statement or section to support the information presented.

MATHEMATICS STANDARDS:

MAFS.4.0A.1.2: Multiply or divide to solve word problems involving multiplicative comparison, e.g., by using drawings and equations with a symbol for the unknown number to represent the problem, distinguishing multiplicative comparison from additive comparison.

MAFS.4.NBT.2.4: Fluently add and subtract multi-digit whole numbers using the standard algorithm.

MATERIALS:

• HSPBC's *The History of Florida* pages 12-16 (included)
• Answer Key (pages 7-8)
• Worksheet 1 (page 4)
• Quiz (page 5)
• Quiz Answer Key (page 6)
• Worksheet 2 (page 9)
• Worksheet 3 and Answer Key (page 10-11)
• Computer

INSTRUCTIONS:

1. Students are given "The Pioneer Era" Student Copy PDF.
2. Students read and complete the activities in "The Pioneer Era" (included). Answer Key is on pages 7-8.
3. Students take the Quiz (page 5) and submit to the teacher. Answer Key is on page 6.
4. After reading "The Pioneer Era", students complete the questions on Worksheets 1, 2, and 3(pages 4, 9, and 10) and submit to the teacher.
Instructions: Read "The Pioneer Era" and answer the questions below in a separate document. When you are finished, submit your answers to your teacher.

Name:

1. How did the towns and cities of south Florida begin to develop during the early pioneer era?

2. How did the early pioneers survive in the wilderness of south Florida?

3. How did 20,000 coconuts get to Palm Beach?
**PIONEER ERA QUIZ**

**Instructions:** Read "The Pioneer Era" and answer the questions below in a separate document. When you are finished, submit your answers to your teacher.

Name:

1. Why did northerners begin to migrate to Florida?
   A) to go on vacation
   B) to go to college
   C) the warm climate and available land
   D) the high cost of living

2. What did the early pioneers use to build their homes?
   A) sand, mud, and water
   B) palmetto thatching and items found at the beach
   C) pine tree branches, trunks, and bark
   D) bricks made from clay

3. Houses of Refuge were built to:
   A) help shipwrecked passengers
   B) provide refuse to settlers
   C) help people sleep in hotels
   D) provide coconuts to settlers

5. The period of federal Reconstruction took place from:
   A) 1866-1877
   B) 1871-1873
   C) 1873-1881
   D) 1885-1912

6. On average, how many miles a year did a barefoot mailman walk?
   A) 7
   B) 70
   C) 700
   D) 7,000
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6. On average, how many miles a year did a barefoot mailman walk?
   A) 7
   B) 70
   C) 700
   D) 7,000
READING CHECK:

1. Why did people come to Florida?
   Answer: People came to Florida for the warm climate and the available land.

2. Why was the Jupiter and Lake Worth Railroad also called the Celestial Railroad?
   Answer: It was also called the Celestial Railroad because three of its four stops were named for celestial bodies, or planets. They included Jupiter, Mars, and Venus.

3. Who was Hattie Gale?
   Answer: Hattie Gale was the first teacher in Palm Beach County.

SHORT ANSWER:

1. Describe the typical house of early settlers.
   Answer: The typical house of most settlers was made from items found at the beach and palmetto thatching.

2. What ship brought 20,000 coconuts to the island of Palm Beach? How did the coconuts change the area?
   Answer: The ship Providencia brought coconuts to the area.

3. How did the coconuts change the area?
   Answer: The coconuts were planted in groves. Pioneers planned to develop coconuts into a cash crop. It was from these coconut groves that the island, the county, and eventually several towns, got their names. West Palm Beach and Palm Beach earned their names in this way.

4. How long was the Jupiter and Lake Worth Railroad? Why was it closed?
   Answer: The Jupiter and Lake Worth Railroad covered 7.5 miles and it stretched from the towns of Jupiter to Juno. It was closed in 1895 because it could not compete with Henry Flagler’s Florida East Coast Railroad.
MAP SKILL:

1. Using a map, trace the route the barefoot mailmen walked from Palm Beach to Miami.
   Answer: (See student maps.)

WRITING:

1. Write a one-page essay about what it would be like to be a barefoot mailman.
   Answer: (See student essays.)

READING CHECK:

1. Why is it important to know about Millie Gildersleeve?
   Answer: (Student responses will vary). She was a Black woman and former slave who made south Florida her home, raised a family, and played an important role in the care of the early residents.

2. How did Millie contribute to the pioneer community?
   Answer: Millie worked as a midwife and medical assistant to Dr. Richard Potter. She helped deliver babies in the areas.

MATH SKILLS:

1. If you made $600 a year as a barefoot mailman, what was your monthly salary?
   Answer: $50.00 a month

SHORT ANSWER:

1. What important cargo was the Providencia carrying when it wrecked on what is now Palm Beach?
   Answer: (Students responses will vary).
Instructions: Look at the images below and write a one-page essay about what it would be like to be an early pioneer in Florida. Once complete, submit to your teacher.

Photos Courtesy of HSPBC
**Instructions**: Answer the mathematics questions below in a separate document and submit to your teacher. Show how you solved the problem. For example: \(10 + 15 = 25\)

Name:

1. If you found 1,000 coconuts and sold 475, how many would you have left?

2. You are an alligator hunter. You have been hunting for three years. The first year, you caught 96 alligators. The second year, you caught 77 alligators. The third year you caught 180 alligators. How many alligators total did you catch?

3. You are a pioneer. Last year you grew 888 tomatoes. This year you grew 368. What was the difference between the years?
Instructions: Answer the mathematics questions below in a separate document and submit to your teacher. Show how you solved the problem. For example: $10 + 15 = 25$

1. If you found 1,000 coconuts and sold 475, how many would you have left?

$1,000 - 475 = 525$

2. You are an alligator hunter. You have been hunting for three years. The first year, you caught 96 alligators. The second year, you caught 77 alligators. The third year you caught 180 alligators. How many alligators total did you catch?

$96 + 77 + 180 = 353$

3. You are a pioneer. Last year you grew 888 tomatoes. This year you grew 368. What was the difference between the years?

$888 - 368 = 520$
EARLY PIONEERS

After the Civil War, the period called Reconstruction (1865-1877) started in the southern states. Florida had not experienced as much destruction as other southern states had, so rebuilding Florida mainly meant improving its government and economy.

People from the North began visiting Florida because they were drawn by the widely available land and warm climate, which was not only comfortable, but good for growing crops year-round. To create more farmland, people began draining the swamps. In 1881 Hamilton Disston purchased four million acres of land from the state, from Orlando to south of Lake Okeechobee. He paid one million dollars, or twenty-five cents per acre.

The Disston purchase included the northern edge of the Everglades. When he had the area drained, fertile soil was exposed that was perfect for growing crops. People moved into the area, many established farms, and resulting settlements later grew into towns and cities. Florida’s efforts to rebuild its economy were successful, and it soon became a leader in agriculture. During Reconstruction, pioneers began moving into present-day Palm Beach County.

In the 1870s, several families from the Midwest established homesteads around Lake Worth. They found a green jungle with no paths, roads, or means of transportation. They could only walk from place to place. If they owned a boat, they could travel by water.

The typical house of most settlers was made from palmetto thatching and items found at the beach. Items salvaged from shipwrecks were plentiful and used in a variety of ways. Pioneers were mainly farmers, but also survived by what they created and by what they could grow, hunt, and fish.

An important shipwreck occurred on January 9, 1878, when a small Spanish ship called Providencia ran aground in Palm Beach. The barque was carrying a cargo of wooden logs, animal hides, and 20,000 coconuts. Two settlers claimed the cargo and sold the coconuts to their fellow pioneers for two and one-half cents each. The settlers planted the coconuts.
houses of refuge along Florida’s east coast as temporary shelter for shipwreck survivors. The Orange Grove House of Refuge Number Three was built in 1876 on a beach north of present-day Atlantic Avenue in Delray Beach. It was destroyed by fire in 1927. The only refuge still standing today is the Gilbert’s Bar House of Refuge in Martin County, which is open to the public.

By 1886 the community around Lake Worth had grown so much that the residents demanded a school. The Dade County School District provided money, and the settlers donated the land and raised more money for lumber and school supplies. They also volunteered their time to build the first schoolhouse, which opened in March 1886. The first term was only three months long. Seven students attended school that first day, taught by sixteen-year-old Hattie Gale. This school building has been preserved and moved to Phipps Ocean Park on South Ocean Boulevard in Palm Beach. Most students know it as the Little Red Schoolhouse.

The Jupiter and Lake Worth Railroad (also known as the Celestial Railroad) was the area’s first railway. When it opened in 1889, it stretched from Jupiter to Juno (which was in a different location than today’s Juno Beach) and was seven and one-half miles long. There were two other stops called Mars and Venus, which were only to get wood to feed the wood-burning engine. The railway was built to transport produce and passengers. Passengers were charged ten cents a mile, or seventy-five cents one-way, for the thirty-minute journey. The train had no way to turn around, so it went forward from Jupiter to Juno (going south) and in reverse from Juno to Jupiter (going north). Legend has it that the engineer would stop the train when wild game animals were sighted. Passengers would get off the train, shoot the animal, and give a portion of their kill to the engineer. In 1895, the railway went out of business; the equipment was sold at auction a year later.
The Celestial Railroad could not compete with Henry Flagler’s Florida East Coast Railway.

POSTAL SERVICE AND THE BAREFOOT MAILMEN

When early pioneers left their homes in the North, they continued to communicate with their families and friends back home. It was not easy to send a letter, though. They could not email or even drop a letter in a mailbox. At first, settlers depended on the honesty of passing ship crews to take and deliver their mail. They also asked beach walkers to carry and deliver mail on their way up and down the coast. These methods were not dependable.

Sending a letter from Lake Worth to Miami took several weeks. First, it had to travel to Jacksonville. Then it was shipped to Cuba or Key West, and finally it went to Miami. Can you see why it took several weeks?

To solve this problem, the U.S. Postal Service set up a special route where several men took turns walking from Palm Beach to Miami and back. These mailmen later became known as barefoot mailmen because they walked barefoot along the beach, carrying their shoes over their shoulders. The first barefoot mailman was Edwin Ruthven Bradley, who was paid $600 a year to make his weekly trips.

These adventurous mailmen traveled a route that was 136 miles round-trip and took three days each way. Each man walked an average of 7,000 miles a year. Most of the time, a mailman left Lake Worth on Monday and arrived in Miami on Wednesday. He began his return trip on Thursday and arrived home on Saturday. During his journey, the mail carrier spent two nights at houses of refuge in today’s Delray Beach and Fort Lauderdale. In Miami, he spent a night at a hotel. On Lake Worth, at Hillsboro Inlet, New River, and Biscayne Bay, the mailman had to cross water using boats left for his use.

There are many stories about the barefoot mailmen. They often charged a small fee to take passengers with them. One rumor involved a passenger who was upset over the long, hot walk, limited fresh water, and poor food. As revenge, he sent some coconuts through the mail. Then he sent a package of rocks. When he tried to mail a small tree, the mailman finally complained to the postal service in Washington, D.C. That resulted in a weight limit being placed on all deliveries.

Mailman Ed Hamilton lost his life...
while trying to complete his route. When Hamilton arrived at the Hillsboro Inlet on his way to Miami, he found someone had moved the mail boat to the far side of the inlet. To retrieve the boat, he apparently tried to swim across the inlet. Later, a search party found Ed’s mailbag hanging from a tree. His clothes were neatly folded and placed at the base of the tree but Hamilton was never found. No one knows whether Hamilton drowned or if sharks or alligators attacked him.

At least twenty brave men walked the beaches to deliver the mail from 1885 to 1893. When a road opened between Lantana and Miami, the barefoot mailmen were no longer needed; the mail traveled by stagecoach.

By today’s standards, the barefoot-mailman system was primitive and dangerous, but it worked for the pioneers. Since then, automated services have been developed to help mail carriers package and send mail all over the world. They travel in automobiles and even in airplanes. The barefoot mailmen would be amazed at how efficiently mail is delivered in the twenty-first century.

**MILLIE GILDERSLEEVE**

In 1876 Mildred “Millie” Gildersleeve became one of the first African American pioneers to settle in what is Palm Beach County. A former slave from Georgia, she married another African American pioneer, M. Jacob “Jake” Gildersleeve. Millie worked as a midwife and assisted Dr. Richard B. Potter, the first doctor on Lake Worth, to deliver most of the babies born in the area. Dr. Potter would pull up to Millie’s wharf and toot his whistle. Millie would run out the door with her medical bag, which contained everything she needed. Jake and Millie owned a vegetable farm in today’s Riviera Beach. Jake died in 1931, and Millie in 1950. Their daughter Katy was one of the first African Americans born in Palm Beach County. Millie and Jake raised five children in all, and their descendants still live here. James Henry Harper Jr. became a Florida state representative, and her great-great-great grandson Bradley G. Harper became a criminal judge.

**DAVID LEVY YULEE**

David Levy Yulee was born in St. Thomas, West Indies, the son of Jewish Portuguese parents. As a young boy, he and his family came to Virginia, and then moved to Florida. Yulee studied and practiced law in St. Augustine. In 1838, while Florida was still a territory, he served as a delegate to the Florida Constitutional Convention, and was a representative to the U.S. Congress in the early 1840s. After Florida became a state, Yulee was elected to the U.S. Senate and served 1845-1851 and 1855-1861. He was the first man of Jewish descent to serve as U.S. senator. During the Civil War, he was a congressman for the Confederate States of America.

Besides working with the government, Yulee owned a plantation and a sugar mill. He is also considered the “Father of Florida’s Railroads” because he completed Florida’s first cross-state railroad. That system connected Cedar Key on the west coast to Fernandina on the east coast. In 1880, Yulee moved to Washington, D.C., and six years later, he died in New York City.

**MEXICO FRANK**

The pioneers knew Frank Lopez as “Mexico Frank.” He arrived on Lake Worth in the summer of 1874, and for three years, did different jobs for the pioneers. During the winter of 1877 Frank boarded his small boat and sailed south. He never returned. He might be the first Hispanic known by name to live in what became Palm Beach County.

**COOKIE RECIPE!**

**INGREDIENTS:**
1. 2 cups of sugar
2. 1 cup of water
3. 1 cup of lard
4. 1/2 tsp baking soda
5. Flour
6. Cinnamon, ginger or lemon for flavor

**INSTRUCTIONS:**
Mix all ingredients together until dough is stiff. Roll as thin as possible, cut, and bake in a very hot oven [350 degrees] until brown.

Recipe from *The Pioneer Cook in Southeast Florida.*
Courtesy Boca Raton Historical Society & Museum.

**DID YOU KNOW?**

Hiram F. Hammon filed the first homestead claim in the Lake Worth area in 1873.
PIONEER-STYLE DINNER
In his memoir, Charlie Pierce wrote that his family spent the Christmas of 1873 at Charlie Moore’s place on Lake Worth. They ate a scrumptious dinner that included opossum with sweet potatoes covered with bacon strips, biscuits with cane syrup, and prickly pear pie for dessert. Seven years later, the small community shared Christmas dinner on the grounds of the Cocoanut Grove House Hotel. This meal included roast venison, turkey, bread, biscuits, salads, cakes, pies, and pudding.

PIONEER-STYLE SYRUP
In 1879, some pioneers decided to try to make syrup from sugar cane. They began by constructing a mill to do the processing. They created rollers from logs found on the beach. A mule provided the power to turn the rollers. The liquid from the cane was boiled in a huge iron kettle until it thickened into syrup. When the pioneers tasted their first batch of homemade sugar cane syrup, it was disgusting! It was salty, not sweet. The settlers realized that the soil where the sugar cane had grown had salt in it from the sea spray that the wind spread over the area. The pioneers’ attempt at making syrup came to an end.

PIONEER SOAP
When we run out of soap, we go to the store, but the early settlers on Lake Worth could not do that. The nearest store was in Titusville, about 160 miles to the north by boat. What did they do when they ran out of soap? They made their own. The pioneers collected hardwood ash from campfires and placed it in a barrel with a hole in the bottom. Then they added water to the barrel with the ash. When the water drained into a pail, the result was lye, which then went into an iron kettle. Last, the settlers added fat, usually from alligators, and boiled it over an open flame to create soap.
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